

# Make your breast health a priority!

Early detection saves lives.  
Schedule a mammogram today.



Call



For my family

What's  
*your*  
reason  
for a *mammogram*

A large, stylized pink question mark where the top curve is a silhouette of a woman's head with curly hair.

# Getting a mammogram may save your life.<sup>1</sup>

- Breast cancer is the #1 cause of cancer death among Black women.<sup>2</sup>
- You do not have to have a family history of the disease to get breast cancer. In fact, in 85% of breast cancer cases, **there is no family history.**<sup>3</sup>
- Black women are more likely to have dense breast tissue than other women, which is associated with an increased risk for breast cancer.<sup>4-6</sup>
- The American College of Radiology notes that all women, especially Black women, should be evaluated for breast cancer risk no later than age 30, so that those at a higher risk can be identified and can benefit from screening.<sup>7</sup>



The content presented here is for your information only. It is not a substitute for professional medical advice, and it should not be used to diagnose or treat a health problem or disease. Please consult your healthcare provider if you have any questions or concerns.

**References:** 1. Mammography saves lives. American College of Radiology. Accessed May 24, 2022. <https://www.acr.org/credentialing/credentialing/Mammography-Saves-Lives>. 2. Giagintso AN, Miller KD, Yostias KY, et al. Cancer statistics for African American/Black People 2022. *CA Cancer J Clin.* 2022;01-28. 3. U.S. breast cancer statistics. Breastcancer.org. Last revised February March 10, 2022. Accessed May 24, 2022. [http://www.breastcancer.org/symptoms/understand\\_bc/statistics](http://www.breastcancer.org/symptoms/understand_bc/statistics). 4. American Cancer Society recommendations for the early detection of breast cancer. American Cancer Society. Last revised January 14, 2022. Accessed May 24, 2022. <https://www.cancer.org/cancer/breast-cancer/screening-tests-and-early-detection/american-cancer-society-recommendations-for-the-early-detection-of-breast-cancer.html>. 5. McCarthy AM, Keller MB, Pantalone LM, et al. Racial differences in quantitative measures of area and volumetric breast density. *J Natl Cancer Inst.* 2016;108(10):dhw014. doi:10.1093/jnci/djw014. 6. Rochman S. Study finds black women have denser breast tissue than white women. *J Natl Cancer Inst.* 2015;107(10):dv296. 7. Monticciolo D, Newell MS, Moy L, et al. Breast cancer screening in women at higher-than-average risk: recommendations from the ACR. *J Am Coll Radiol.* 2018;15(3 Pt A):408-414.

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